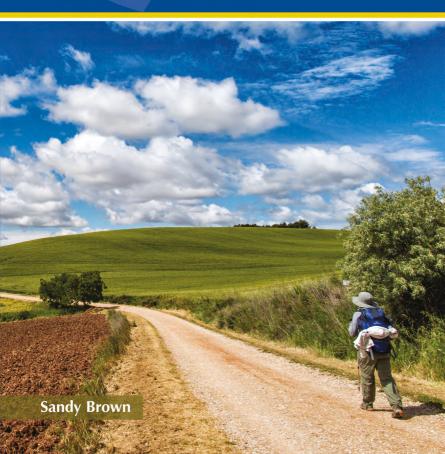


# **PILGRIM ROUTE**

# CAMINO DE SANTIAGO Camino Francés

GUIDE AND MAP BOOK includes Finisterre finish



# CAMINO DE SANTIAGO: CAMINO FRANCÉS



**Sandy Brown** 

Sanford 'Sandy' Brown is a long-distance walker and ordained minister who lives in Lucca, Italy. He was born in California and his great grandparents migrated to San Juan Capistrano from Mexico in the 19th century. Inspired by The Pilgrimage by Paulo Coelho, he trekked the Camino de Santiago in 2008 and since then has walked over 14,000km on pilgrim trails in Europe and the US. He records his pilgrim adventures in his popular blog at <a href="https://caminoist.org">https://caminoist.org</a>. In 2020, Sandy joined Cicerone Press as Associate Publisher for Caminos and Pilgrimages.

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## CAMINO DE SANTIAGO: CAMINO FRANCÉS

INCLUDES FINISTERRE FINISH by Sandy Brown



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Route mapping by Lovell Johns www.lovelljohns.com Contains OpenStreetMap.org data © OpenStreetMap contributors, CC-BY-SA. NASA relief data courtesy of ESRI

### Dedication

To my wife, Theresa: the easiest, smoothest, lightest-footed, most carefree and fun pilgrim with whom I've ever had the pleasure to share a path.

### **Updates to this Guide**

While every effort is made by our authors to ensure the accuracy of guidebooks as they go to print, changes can occur during the lifetime of an edition. Any updates that we know of for this guide will be on the Cicerone website (www.cicerone.co.uk/1004/updates), so please check before planning your trip. We also advise that you check information about such things as transport, accommodation and shops locally. Even rights of way can be altered over time.

The route maps in this guide are derived from publicly available data, databases and crowd-sourced data. As such they have not been through the detailed checking procedures that would generally be applied to a published map from an official mapping agency, although naturally we have reviewed them closely in the light of local knowledge as part of the preparation of this guide.

We are always grateful for information about any discrepancies between a guidebook and the facts on the ground, sent by email to updates@cicerone. co.uk or by post to Cicerone, Juniper House, Murley Moss, Oxenholme Road, Kendal, LA9 7RL.

**Register your book:** To sign up to receive free updates, special offers and GPX files where available, register your book at www.cicerone.co.uk.

Front cover: A pilgrim walks among green fields on the Camino de Santiago. Photo by Alberto Roth Albarca (Getty Images)

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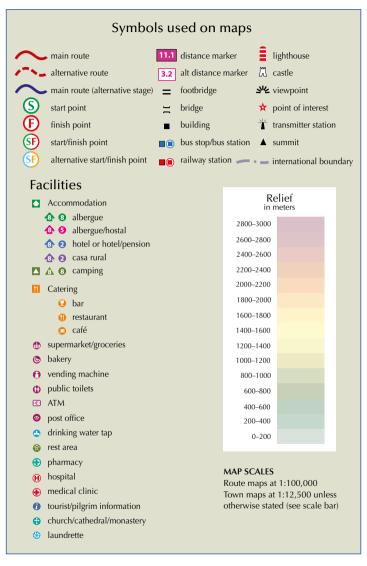
Camino de Santiago – Camino Francés

Map key



### Acknowledgements

A talented team of co-contributors put together everything good in this book – Roxanne Brown Nieblas's accommodation listings, Rod Hoekstra's photographs, Mike Wells's descriptions of several routes – while any error, omission or head-scratcher belongs to me. It was Joe Williams and Jonathan Williams of Cicerone who pushed to make a new-generation guidebook, following in the trailblazing footsteps of Cicerone author Alison Raju, a true Camino pioneer. Siân Jenkins, Andrea Grimshaw, Georgia Laval, Clare Crooke, Caroline Draper and the rest of the Cicerone team did the artful work of coaxing the first printing onto the printed page. The current printing benefits from the talented work of Lucy Rogers and Caroline Draper. David Gitlitz and Linda Kay Davidson's landmark tome, *The Pilgrimage Road to Santiago*, was a trusted source along with several others. The inspiration to take on this project comes from happy memories of pilgrim friendships formed over 14 pilgrimage walks. Sebastian, Martin, Monique, Jacqueline and Andreas were my frequent and favorite companions until I first walked with my favorite companion of all time, my wife, Theresa Elliott, in 2014.

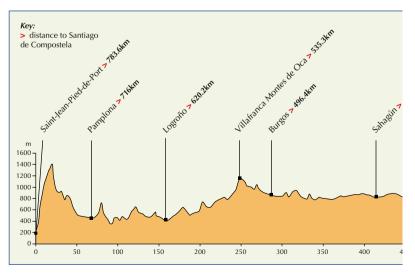


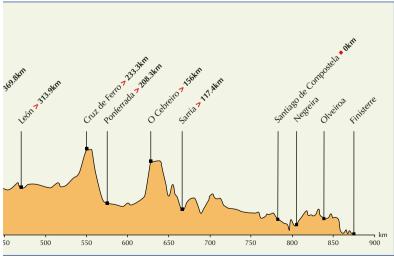
CAMINO DE SANTIAGO – CAMINO FRANCÉS

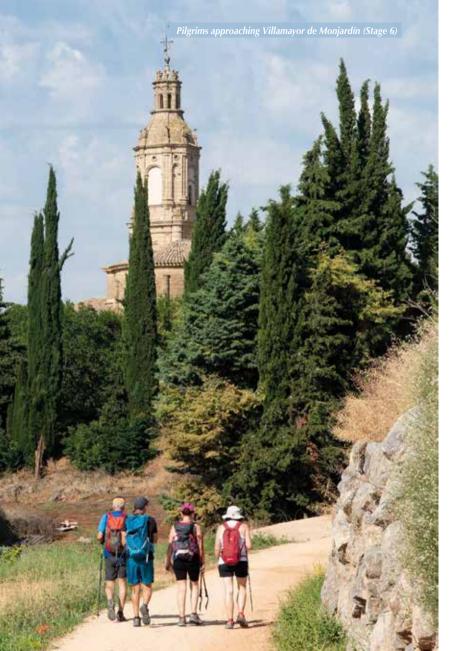
OVERVIEW MAP AND PROFILE











### **ROUTE SUMMARY TABLE**

Section	Overview	Places	Distance	Time	Page				
Section 1	Saint-Jean-Pied-de-Port to Pamplona: Steep Pyrenees then gentle foothills leading to Pamplona	Saint-Jean-Pied-de- Port — Roncesvalles — Zubiri — Pamplona	68km	3 or more walking days	51				
Section 2	Pamplona to Burgos: Low ridges and broad valleys through vine- yards and grain fields until a mountainous crossing	Pamplona – Puente la Reina – Estella – Los Arcos – Logroño – Nájera – Santo Domingo de la Calzada – Belorado – San Juan de Ortega – Burgos	220km	9 or more walking days	73				
Section 3	Burgos to León: The broad and flat Meseta with little shade and few services	Burgos – Hontanas – Boadilla del Camino – Carrión de los Condes – Terradillos de los Templarios – Bercianos del Real Camino or Calzadilla de los Hermanillos – Mansilla de las Mulas – León	183km	7 or more walking days	127				
Section 4	León to Sarria: The fertile Bierzo region between climbs to Cruz de Ferro and Alto do Poio	León – Hospital de Órbigo – Astorga – Foncebadón – Ponferrada – Villafranca del Bierzo – La Faba – Triacastela – Sarria	196km	8 or more walking days	165				
Section 5	Sarria to Santiago de Compostela: Forests, dairy farms and eucalyptus plantations in undulating countryside	Sarria – Portomarín – Palas de Rei – Arzúa – O Pedrouzo – Santiago de Compostela	117km	5 or more walking days	217				
Section 6*	Santiago de Compostela to Finisterre or Muxía: Galician farmlands opening out to the dramatic Costa da Morte	Santiago de Compostela – Negreira – Olveiroa – Finisterre – Muxía	91 or 87km	3 or more walking days	253				
* Additional stages beyond Santiago to the Atlantic coast									

# Most camino waymarks are variations of a scallop shell or a yellow arrow or both

### **GENERAL INTRODUCTION**



To walk on the Camino de Santiago is to set sail on a river of time. Every ancient church tower, every proud castle, every silent ruin, every rusting, ringing bell has a story to tell the passing pilgrim. These landmarks are the rugged and rounded boulders in the river, silently testifying to the hands that long ago placed them here. The river itself is the thousand-year stream of pilgrims - men, women, children even - who set out toward the far west of Spain to start a new chapter, to remember a lost loved one, to release a burden, to lift a prayer, or to savor an adventure. Pilgrims over this wide estuary of many channels have hardened under their feet a firm path in the soil that beckons the traveler of today to join the procession and be forever changed.

Of the Camino's many tributaries, the Camino Francés is its most legendary, its most traveled and most revered. The 'French Way' begins on the French slopes of the Pyrenees Mountains, where nervous and excited pilgrims receive a stamp on their pilgrim passports in redroofed Saint-lean-Pied-de-Port. After an early morning start they walk - or cycle or ride on horseback - up, down and through the green mountains and foothills to Pamplona. Their feet, hardening with the miles under them, carry them across the Alto del Perdón ridge into the wide valleys of fields and vineyards in western Navarre and La Rioja. Days later, on a windswept hilltop overlooking historic Burgos they pause to peer out over the vast Meseta, the vacant

### SECTION 1: SAINT-JEAN-PIED-DE-PORT TO PAMPLONA

cemeteries. Alpine-like white stucco homes with steep roofs fill the villages, while regional cuisine features hearty meats and stews, fish grilled over hot coals, *tolosa* bean dishes, Idiazábal sheep's cheese, *txakoli* wine and sweet Basque apple cider.

The Camino's pathway through this region is relatively sparse of pilgrims, although the numbers increase at Roncesvalles, Pamplona and then just afterward at Puente la Reina, where pilgrims who've crossed the Somport Pass of the Camino Aragonés join the stream.

Pamplona or just afterward at Cizur Menor. Pilgrims will find Pamplona a hec-

or Larrasoaña, with a third night in

4 Pilgrims will find Pamplona a hectic and preoccupied place during the Running of the Bulls (July 6–14), when the world converges on its grand festivities. Otherwise, it's well worth an afternoon, evening or a full rest day spent enjoying the lively city's food and wine and catching an impromptu outdoor folk dance with the locals in Plaza del Castillo.

### PLANNING

- Winter walkers are required to cross the Pyrenees on the Valcarlos Route over the Ibañeta Pass. On shoulder seasons, watch weather forecasts to see if a Route Napoléon crossing is allowed. Always confirm your plans at the pilgrim office in Saint-Jean-Pied-de-Port.
- 2 Many pilgrims ease into a Route Napoléon crossing with an intermediate stay at Refuge Orisson or Albergue Borda, 8km up the hill.
- 3 Because of its historic significance and ease of accommodation, most pilgrims who start in France will overnight at Roncesvalles. A second overnight is common at Zubiri

### WHAT NOT TO MISS

Some albergues, like Beilari in Saint-Jean and Refuge Orisson, help pilgrims get acquainted over the shared evening meal. Nationalities of all pilgrims staying at its albergue are announced at the nightly Roncesvalles Pilgrim Mass where priests offer a pilgrim blessing. Pamplona's vibrancy is on display in its pedestrian-filled streets each evening, and a pause or overnight in this Navarran capital is worth the extra time. Pamplona Cathedral houses remains of the royalty of Navarre and the adjacent diocesan museum has many important pieces from Pamplona and the surrounding countryside.

### STAGE 1

### Saint-Jean-Pied-de-Port to Roncesvalles

**Start** Pilgrim office, 39 Rue de la Citadelle,

Saint-Jean-Pied-de-Port

Finish Roncesvalles, Church of Santiago
Distance 24.7km (23.8)km via Valcarlos variant)

Total ascent1565m (1485m via variant)Total descent795m (715m via variant)DifficultyHard (moderately hard via variant)

**Duration** 81/4hr (73/4hr via variant) **Percentage paved** 58% (72% via variant)

**Albergues** Gîte Huntto 5.3; Orisson 7.7; Roncesvalles 24.7

(accommodation on variant: Arnéguy 8.6; Valcarlos 11.0)

Famously difficult for its exhausting climb and seemingly endless descent, the stage can be broken up with an overnight at Refuge Orisson or Albergue Borda. Plan food carefully, since Orisson and a van at the summit are the only food options along the way. Unsurpassed mountain views are constant on clear days, but on cloudy or rainy days the climb, coupled with a sloppy trail, can turn the stage into a slog. The lower and less-steep variant through Valcarlos is mandatory in winter and also offers a pleasant walk with a quick downhill from the Ibañeta Pass into Roncesvalles.

### 

This charming, red-roofed, medieval village serves proudly as a sub-regional capital, tourist destination, and pilgrimage starting point. The original town on a nearby site, Saint-Jean-le-Vieux, was destroyed in 1177 by Richard the Lionheart and historians point to a 12th c. deed by King Sancho VII (Sancho the Strong) of Navarre as the official founding of Saint-Jean-Pied-de-Port at its current location. The name derives from its two patron saints, John the Baptist and John the Evangelist, and its position at the *pied* (foot) of the *port* (mountain pass). As gateway to two of the most easily passable transits over the Pyrenees – the Puerto de Ibañeta (Valcarlos Route) and the Route Napoléon – the town has served alternately as a military stronghold, invasion point, pilgrim staging location, and recreational hub for modern vacationers.

The **Porte St-Jacques** (St James Gate) in the upper village is a UNESCO World Heritage Site, celebrating the town's historic role as confluence-point for Europe-Santiago pilgrimage itineraries and starting point for the Camino Francés route to Santiago de

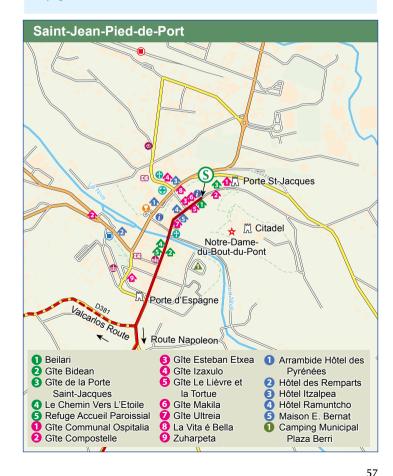
Compostela. The town's oldest buildings stand below, between there and the banks of the Nive River which is crossed on the Roman bridge, the **Pont d'Eyheraberry**. Its oldest church, Notre-Dame-du-Bout-du-Pont, near the Porte d'Espagne (Spanish Gate), was built by Sancho the Strong to commemorate his military victory over the Moors in 1212. The walled **citadel** above town was heavily fortified against Spanish invasion beginning in the 17th c., allowing its garrison of 500 French troops to storm down the valley in case of a Spanish invasion. In the early 20th c. the French military abandoned the fortress, which now houses a school.

Saint-Jean is best enjoyed in a slow walk among shops along the scenic Rue de la Citadelle, the old town's main street. A short climb to the citadel and a stroll with an ice cream cone along the banks of the Nive River make for a charming afternoon. At dinner enjoy a glass of the celebrated red and rosé wines of the Irouléguy grape or the beloved local apple ciders first noted by Sancho the Great in 1084. Other local specialties include the fromage de brebis cheese, trout omelets and Bayonne ham.

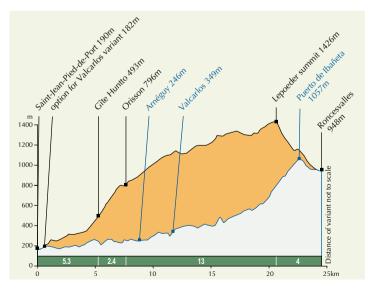
The phone numbers in the following accommodation list require the French prefix (+33).

- Beilari DRBCS 4/14, €43/-/-, 40 Rue de la Citadelle, www.beilari.info/en, tel 630 028 667
- **The Side Bidean PDRCS** -/12, €17/-/45/-, 11 Rue d'Espagne, www.facebook.com/SaintJeanPiedDePort, tel 670 296 666
- **The Contract of the Contract** tel 630 997 561
- Le Chemin Vers L'Etoile OP DRBC CTWSZ 5/46, €23/-/-, 21 Rue d'Espagne, www.pelerinage-saint-jacques-compostelle.com/en/gite, tel 559 372 071
- **Refuge Accueil Paroissial (Maison Kaserna)** DRBCWS 2/14, €26/-/-/-, 43 Rue d'Espagne, www.saintjeanpieddeport-paysbasque-tourisme.com, tel 559 376 517
- **☆** Gîte communal Ospitalia OPDBWSZ3/32, €12/30/30/-, 55 Rue de la Citadelle, www.st-jean-pied-de-port.fr, tel 617 103 189
- **1** Gîte Compostelle P D R K S 2/8 & 7/16, €18/50/50/75, 6 Route d'Arneguy, tel 621 371 831
- ♠ Gîte Esteban Etxea P D W 5 1/12 & 2/5, €19/-/75/-, 29 Rue de la Citadelle, tel 638 228 005
- ♠ Gîte Izaxulo P D R W S 2/14 & 3/6, €21/75/80/-, 2 Avenue Renaud. https://giteizaxulo.traveleto.com, tel 524 341 900
- **♦** Gîte Le Lièvre et La Tortue PDRCC WSZ 1/6 & 3/9, €20/65/70/80, 30 Rue de la Citadelle, www.facebook.com/gitelelievreetlatortue, tel 659 135 225
- ♠ Gîte Makila P D R B CT W S 3/25 & 2/4, €30/-/65/-, 35 Rue de la Citadelle. http://makila-saintjean.com/fr, tel 663 101 346
- www.ultreia64.fr, tel 680 884 622

- **1** La Vita è Bella PDRC CTW 1/7 & 2/5, €20/-/42/63, 4 Place du Tringuet, tel 672 100 463
- ↑ Zuharpeta P D R C S 1/15 & 4/8, €18/-/48/-, 5 Rue Zuharpeta, https://gitezuharpeta.fr/. tel 559 373 588
- ▲ Camping Municipal Plaza Berri W 5 53/160, €13/-/-, daily pass, 7 Avenue du Fronton. www.saintjeanpieddeport-paysbasque-tourisme.com, tel 559 371 119, bungalow and tent camping available



# A pilgrim pauses with an ice cream cone on the Nive River bridge in Saint-Jean-Pied-de-Port (photo: Rod Hoekstra)



### Route Napoléon

### 5.3KM GÎTE HUNTTO (ELEV. 493M, POP. 0) ☐ (778.3KM)

◆ Ferme Ithurburia Huntto PDRIG WS 5/17 & 5/10, €20/-/74/90, Route Napoléon, tel 680 530 046

A few hundred meters past Huntto turn left onto a two-track footpath that climbs very steeply on jagged gravel. After several switchbacks the path returns to the asphalt road at **Gîte Kayola** (1.3km), an overflow facility for **Refuge Orisson**, just above (0.8km, café). Not long afterward is Albergue Borda.

### 2.4KM ORISSON (ELEV. 796M, POP. 0) ☐ [1] (775.9KM)

- **♠** Refuge Orisson **② ② ③ ③ ③ W** 4/28 & 2/4, €43/-/110/-, Chemin de Compostelle RD428, www.refuge-orisson.com, tel 559 491 303. Avail only for walking pilgrims.
- ◆ Auberge Borda P D R B C W S Z 3/12 & 1/2, €43/51/102/-, Route Napoléon, www.aubergeborda.com, tel 661 929 743, 9km from Saint-Jean-Pied-de-Port

After Orisson continue uphill less steeply on asphalt, surrounded by pastures of sheep, cattle and horses. Soon the turn-off for the **Virgin statue** (3.8km) is marked on the left. Continue upward past a food truck (3.5km), if luck, fate or grace provides, and come to the low stone memorial called **Cross Thibault** (0.2km). After the cross the way turns off the asphalt, following a single-track path of red dirt and jagged gravel, crossing into Spain near the **Roland Fountain** (0.7km) and climbing now more steeply to the **Bentarte summit** (0.4km). Continue on undulating road to **Refugio Izandorre** (2.6km), a stone hut prior to



### 13.0KM LEPOEDER SUMMIT (ELEV. 1426M, POP. 0) (NO SERVICES) (762.9KM)

The highest point of the Route Napoléon, the Lepoeder Pass holds considerable history. Ruins of a first c. Roman tower celebrating the conquest of Aquitaine can be seen today atop nearby Mount Urkulu, once standing guard over the Via Traiana Roman road. Napoléon's armies used the pass on their way to Spain, and during WWII pilots and soldiers crossed the pass to escape Nazi rule in Vichy France.

Now begin the long downhill, mostly through thick forest. After crossing the Arranosin brook on a wooden bridge (3.8km) come to the back side of the Roncesvalles complex. Climb between the stone buildings onto a wide stone walkway, passing through arches, by the church, museum and hotel and onward to the albergue.

### 4.0KM RONCESVALLES/ORREAGA (ELEV. 948M, POP. 30) III (758.9KM)

At the mountain doorway to Spain, Roncesvalles (Basque: Orreaga) has been an important and influential pilgrim hostel virtually since the beginning of the Camino Francés. Due to continual bad weather, the original pilgrim hospital at the Ibañeta Pass was moved in 1132 to the more protected vale where it currently resides. For centuries, monks, after appropriate religious services, tended to the health and well-being of every pilgrim man, woman and child. Important buildings include the elegant **Real Colegiata church**, consecrated in 1219 and restored in the 1940s. This Gothic masterpiece houses the **Virgin of Roncesvalles**, a 13th c. wood and silver statue from Toulouse, sheltered under an ornate silver baldachin canopy. The **Chapter House** holds the tomb of Sancho VII and the nearby museum houses religious relics and articles relating to Roland and Charlemagne. The tower of the 13th c. **Chapel of Santiago** holds a bell rung in the evening for centuries to help guide pilgrims down the mountainside to a safe harbor among the monks. A pilgrim mass is shared each evening (Mon–Fri, 8pm; weekends and holidays 6pm). Tour of the monastery complex available after mass.

These and all following phone numbers require the '+34' prefix for Spain, unless otherwise indicated.

- ◆ Hotel Casa Beneficiados ☑ 🖫 🗲 IS 16/32, €-/89/99/-, Calle Nstra Señora de Roncesvalles 14. www.hotelroncesvalles.com. tel 948 760 105

### Valcarlos variant (mandatory in winter and during inclement weather)

Leave Saint-Jean-Pied-de-Port by the Porte d'Espagne gate then turn right at the option (0.5km) on Route D301 out of town through Uhart-Cize. Join the D933 main road and after house 33 (1.3km) fork right on a quiet country road crossing the Arnéguy River. Follow this frequently turning, well-waymarked route that undulates along a series of country lanes, crossing the unmarked Franco-Spanish border just before a large shopping center at Venta Peio (5.4km, supermarket). Then follow the winding track through woods to

### 

The presence of this village on the Arnéguy River is attested to since 1284, although most of its buildings are 17th c. or later, including the Église de l'Assomption (17th–19th c.). In WWII the town demarcated the extreme southern border of occupied France.

**♦ Hôtel Le Clementenia P R G S** 5/10, €-/78/70/-, Le Bourge D933, www.leclementenia.com, tel 524 341 006. (Temporarily closed. Call for current status.)

Ascend gently along the side of the Luzaide valley and pass through the hamlets of **Bachoa** (0.8km) and **Ondarolle** (1.5km). Turn right on a steep path down to the river and cross a narrow bridge back into Spain. Climb very steeply into

### 

The epic poem 'Song of Roland' records the Battle of Roncesvalles in 778, most likely here at Valcarlos where the great French King Charlemagne's friend, Roland, was defeated by the Basque army. Notwithstanding the defeat, Charlemagne's name is imprinted in the town's French and Spanish moniker ('Valcarlos' means Valley of Charles or 'Carlos' the Great). On July 25, 1813, some 11,000 English and Portuguese soldiers were subdued by 40,000 soldiers of Napoléon's army, resulting in over 600 dead. The

### SECTION 1: SAINT-JEAN-PIED-DE-PORT TO PAMPLONA

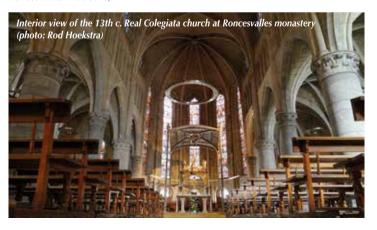
modern town remembers its ancient roots in prominent families' coats of arms on the white stucco façades of their homes.

Leave the village along the N-135 main road, ascending gently through forest, then **fork left (2.7km)** onto a narrow road and drop to pass through tiny **Gainekoleta (0.8km)**. Cross the river and fork right on a riverside path, eventually climbing to reach the N-135 again (1.1km). At a **gravel trail (2.0km)** branch left and climb very steeply through forest into the Pyrenees. Briefly rejoin the main road at the **Guardian House (2.7km)**, then continue up through the forest to reach the top of

### 10.7KM PUERTO DE IBAÑETA (ELEV. 1057M, POP. 0) (NO SERVICES) (760.6KM)

Puerto de Ibañeta, one of the lowest crossing points of the Pyrenees, is closely linked to the 778 defeat of Charlemagne's rear guard. A 1967 memorial stone commemorates Roland who died in the battle. The pass was the original site of the monastic pilgrim hospital moved across the pass to today's Roncesvalles. The modern chapel of San Salvador and the summit cross replace historic buildings long since fallen into ruin.

Continue on the forest trail, now downhill and parallel with the main road, to emerge beside the large complex of monastic buildings in **Roncesvalles** (see Roncesvalles info above).



### STAGE 2

### Roncesvalles to Zubiri

**Start** Roncesvalles, Church of Santiago

Finish Zubiri, Plaza Mayor

Distance 21.8km Total ascent 535m Total descent 960m

**Difficulty** Moderately hard, due to long downhill stretches on loose

rock

**Duration** 61/4hr **Percentage paved** 19%

**Albergues** Burguete 2.9; Espinal 6.5; Viscarret 11.7; Linzoain 13.7;

Zubiri 21.8

**Note** Food establishments open at Roncesvalles no earlier than

7am, so if you plan to leave earlier either buy food the night before or wait until Burguete for breakfast.

The brief challenge of a couple of 100m climbs is overshadowed by the long and sometimes steep descents on this mostly downhill stage. Concrete paths are often available to make for better footing, but they can be slippery when wet. Overall, however, a pleasant, wooded stage with occasional views and frequent village cafés for refueling and rest.

From the church at **Roncesvalles**, look for the famously photographed 'Santiago de Compostela 790' sign and pick up a pathway to its right. Follow this gentle path under trees, through the **Sorginaritzaga Forest** ('Oakwood of Witches – where nine witches were burned at the stake in the 16th c.) and along pastures to the town of **Burguete**.

### 2.9KM BURGUETE/AURITZ (ELEV. 894M, POP. 243) **■ ● △ ●** (756.0KM)

Two streams flank the main road through this town of graceful 16th–18th c. homes emblazoned with family coats of arms. Ernest Hemingway lodged here between binges while fishing local streams in 1924–25 and describes the town in his novel *The Sun Also Rises*. The 16th c. **San Nicolás de Bari church** was destroyed several times over the centuries by fire (including one set by the French in 1794) and was most recently reconstructed in the 20th c.







- Camino Francés (784km) from St-Jean-Pied-de-Port to Santiago de Compostela, plus Finisterre and Muxía (90km)
   one of only two UNESCO World Heritage pilgrim trails
- Muxía

  Santiago
  St Jean-Pied-de-Port
  Finisterre
  Ponferrada
  PORTUGAL

  FRANCE

  St Jean-Pied-de-Port
  Burgos
  Logroño

  PORTUGAL

  SPAIN

For 1000 years pilgrims have traversed Northern Spain to visit the tomb of St James the Apostle at Santiago de Compostela. The modern itinerary along the Camino Francés is the most popular long-distance trek in the world. It is set out here in 32 daily stages plus 4 additional stages to Finisterre and Muxía on Spain's scenic northwest coast.

The Camino is an unforgettable adventure featuring lofty castles, majestic cathedrals and ancient fortress cities set in a dramatic landscape of rivers, forests, peaks and plateaux. Best of all are friendships forged with other pilgrims from across the world.

- includes map book with maps of full route to Santiago, Finisterre and Muxía, and over 120 villages, towns and cities
- · suitable for any walker
- supported by a network of over 500 pilgrim hostels
- walkable all year, with winter snow at higher elevations
- guidebook features historical and cultural background plus handy route planning table



