Route Card Date		Who is in the group?				Magnetic Variation for year is° W or E
From	То	Magnetic	Height	Distance	Time Taken	Notes
Grid Ref & Name	Grid Ref & Name	Bearing	Climbed	km	mins	
Alternative Route(s)				0 kms	0 minutes	Contact Details (phones, accommodation, friends etc)
				i	i	Enter your Walking Speed (km/h) = 4
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